



Food by Aneke

sample menu

# Forage Event

Foraging is the act of searching, identifying and collecting food resources in the wild.  
Plants, mushrooms, herbs and fruit.

Nearly everyone has picked a blackberry from the bush or an apple from the tree to eat.

The delicacies that we have found, picked, dug or snipped.

We can create delicious nutritious one pot dishes

Hand made nettle gnocchi  
Damper - Pan roasted bread on a stick  
Wild garlic risotto  
Wild-berry Lemonade with mint

